

Fine Motor-Handwriting Individual Instruction



Our Fine Motor-Handwriting Individual Instruction is taught by Occupational Therapist, Alison Koblin. Each session is 50 minutes and an individual session would be tailored to the needs of the student. A session could include:

- Sensory/fine motor warm up activities to promote strength in grasping patterns and to improve focus and attention
- Educational/therapeutic games for dexterity and strengthening, visual motor integration, reinforcement of hand dominance and crossing the vertical midline of the body
- Puzzles, mazes and other visual/perceptual tools for visual discrimination, scanning and visual attention
- Fine motor work, coloring, cutting with scissors, folding and craft activities.
- Teach correct pencil grip and paper placement, pencil pressure and use of the “helping hand”.
- Handwriting practice using the Handwriting Without Tears curriculum. Students will work on sizing, spacing, reversals and orientation to the writing line for improved legibility and neatness. The students will review upper and lowercase letters and numbers and will address punctuation and capitalization as needed.
- Drawing-shapes and simple forms to support written work